

THE POWER IS IN YOUR HANDS

PRACTICAL TIPS TO HELP YOU SAVE ENERGY—AND MONEY—THIS WINTER

HEATING

Home heating accounts for about half of the average household's winter energy bills. Save money and stay warm this winter with these tips:

- Check furnace and air conditioner filters each month. Dirty filters block air flow, increasing your energy bill.
- Prevent heated air from escaping by using sealant and weather stripping on doors and windows.
- Set thermostat to lowest comfortable setting. For each degree you lower your thermostat in winter, you can save up to 5 percent on heating bills (depending on your climate).
- Install an ENERGY STAR® programmable thermostat to regulate temperature at night and when you're away from home.
- Check current insulation levels and consider adding insulation to your attic or walls.



LIGHTING & ELECTRONICS

Nearly 20 percent of the average home's electricity cost can be controlled with the flip of a switch. Use these tips to power your house more efficiently:

- Replace inefficient light bulbs. ENERGY STAR compact fluorescent bulbs use two-thirds less energy and last up to 10 times longer.
- Turn off lights and devices that are not in use.
- Activate "sleep" features on computers and other electronic equipment.
- Let "Mother Nature" light your home. Sunlight is brighter than a multitude of light bulbs, and it's free.
- Consider replacing older appliances with ENERGY STAR qualified products, which meet energy-efficiency guidelines set by the U.S. Environmental Protection Agency and U.S. Department of Energy.

WATER HEATING

Water heating accounts for about 15 percent of the average home energy bill. Use the following tips to save money while keeping everything clean:

- Check the temperature of your water heater. 120 degrees is recommended for most common uses.
- Install low-flow showerheads and sink aerators on faucets.
- Insulate hot water tanks and pipes.
- Fix leaky faucets.
- Use cold water for washing laundry.

TRANSPORTATION

The typical household will spend about \$2400 on fuel this year. Use the tips below to cut down on gasoline costs:

- Obey the speed limit. Speeding cuts fuel economy 7 to 23 percent.
- Keep your car tuned up. Proper maintenance, including regular oil changes and replacing air filters, can improve gas mileage by up to 14 percent.
- Keep tires inflated to the correct pressure to improve mileage by up to 3 percent.

LEARN MORE / SAVE MORE

The ways to save energy and money are many and varied. Visit www.powerisinyourhands.org for a wealth of information and even more ways to save this season.

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ALLIANCE TO
SAVE ENERGY
Creating an Energy-Efficient World